



Parenting Age Specific Course

Lecture 2: Second to Sixth Grade

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Parenting the Elementary School Aged child- Taking Care of God's Gift

Reading:

1) Heb 12: 7-11

"If you endure chastening, God deals with you as with sons; for what son is there whom a father does not chasten? But if you are without chastening, of which all have become partakers, then you are illegitimate and not sons. Furthermore, we have had human fathers who corrected *us*, and we paid *them* respect. Shall we not much more readily be in subjection to the Father of spirits and live? For they indeed for a few days chastened *us* as seemed *best* to them, but He for *our* profit, that *we* may be partakers of His holiness. Now no chastening seems to be joyful for the present, but painful; nevertheless, afterward it yields the peaceable fruit of righteousness to those who have been trained by it.

Therefore strengthen the hands which hang down, and the feeble knees"

2) Eph 6:4

" And you, fathers, do not provoke your children to wrath, but bring them up in the training and admonition of the Lord."

3) Col 3:21

" Fathers, do not provoke your children, lest they become discouraged. "

4) Deut 6:6-7

"And these words which I command you today shall be in your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up"

I.Characteristics of the School Aged Child:

1.Exposure to and influence by the world outside of the family

(school, peers, outside activities)

2.Has awareness of others not just self

*Comparison, judgement of others, competitive

*Socializing with others based on developing awareness of social norms and rules

*Starts to judge self based on standing among peers

*Seeks to establish self among peers

3.Relationship with adults

*Seeks to please/impress

*Regards them with some idealism esp boy to father and girl to mother

4.Behavior shaped according to learned rules

*Needs and wants rules

*Uses rules as guide for self and for understanding others

II.Needs of the school aged child

1.Spiritual Needs:

* Truth : from you, from other sources,

*Personal relationship

*Developing an understanding: Salvation, Purpose ,

2.Parental Needs:

*Time/attention – Emotional vs. material needs

*Communication- Getting to really know your child as an individual

*Unconditional Love

3. Familial Needs:

- *Parental unity
- *Sharing of roles
- *Familial identity – Godly family
- *Family unity - Reinforcing the family bonds

4. Peer Needs:

- *Opportunities for success
- *Opportunities for friendship
- *Opportunities for cooperation

5. Individual Needs:

- *Own interests and activities or hobbies
- *Own choices and decisions
- *Own property and privacy

6. Environmental Needs:

- *Structure – organized, predictable, schedule
- *Routines- consistency, predictable
- *Rules – consistent , predictable, logical, enforced

III. Parenting Principles

1. Reasonable expectations

*Academically (Learning Disabilities) , athletically

*Effort not outcome

2. Empathy for the child

*Understanding the child's perspective

*What is for the child's benefit as opposed to what is for the parent's benefit

3. Discipline based on understanding what determines behavior

*Initial motivations

*Rewards- especially attention

*Consequences- actual as opposed to desired

*Redeeming self

IV. Common Problems:

1. Low Self-Esteem- healthy vs. unhealthy and consequences

*View of self based on view of others – parents, peers

*View of self based on efficacy and success

*View of self based on God's view – unconditional, God's creation in His image

*View of self objectively

2. Low frustration tolerance/Anger problems/Oppositional

*temperament- direct vs indirect, passive vs active

*conditioning:1) Teaching frustration tolerance or frustration intolerance

2)Needs vs wants, earned vs owed

3)modeling – problem solving, conflict resolution

*disorders: 1) ADHD

2) Depression

3) Anxiety – separation anxiety, social anxiety, generalized anxiety

3. Bullying

*Everyone has a different perspective: the child, the parent, the other child, the other parent, the school

*Before: friends, avoiding being a target (reactive vs. passive vs. assertive) , avoiding situations

During: assertive, self defense, humor, involving others

After: developing a plan, involving others, ensuring safety

4. Academic problems

*Motivation – many factors

*Abilities- individualized, LD, ADHD

*Opportunity- To learn ,to develop

5. Family Problems

*imbalance in roles – between parents, parentified child

*triangulation, scapegoating

*parental disagreement and disunity

6. Over-exposure to screen activities

(TV, computer, videogames,)

*Supervision of content and education

*Potential harms – takes time away from all beneficial activities so hurts all the other activities

(family, social, physical, academic, spiritual)

7.Boy-Girl Relationships

*Wasn't a natural part of this stage, however this has changed with societal changes

*It is easier to discuss the subject at this age than later on when it can be more awkward

*Preparation and understanding can help a child greatly with this aspect

*Make sure you are have a good spiritual understanding of the relation between man and woman that you can use as basis for teaching your child.

*Teaching is done whenever opportunities present themselves.

*Some basic principles to emphasize: 1)one man-one woman bonded for life

2)Sex was created by God for a wonderful purpose when it is part of a greater whole relationship in marriage. Anything else is destructive.